



Summer at Owens

for kids and Parents

NEW! JUST DANCE! YOUNG MOVERS PROGRAM

Ages 3 - 6

Does your child love to dance? Would you like to enroll them in dance classes but not sure which one? Why not join them in our Young Movers program where they will be introduced to jazz, ballet, hip-hop and modern dance. This program offers various styles, which will guide your child through basic exploration of motor skills, musicality and rhythms. Class will be held in the Center for Fine & Performing Arts building on the Perrysburg campus.

53082 Thu 6/7 - 6/28 6 - 7 p.m. Perrysburg \$44

NEW! SPORTS PERFORMANCE JUMP START PROGRAM

Ages 10 - 15

Our jump-start program is designed for youths to improve the overall athletic ability of each participant. Speed is the number one skill necessary for contending in every sport. Working on this skill at each level is important because speed will ultimately determine the highest level an athlete can compete. Participants will begin to learn proper strength training, speed mechanics, and plyometric. Participants will learn the concepts of how to train for sports based on a long-term athletic development concept. Presented by Russell Jackson, International Youth Conditioning Association Certified Speed and Agility Specialist.

53049 Thu 6/14 9 - 11 a.m. Perrysburg \$20
53050 Wed 6/20 6 - 8 p.m. Perrysburg \$20

NEW! HOME ECONOMICS - LIFE SKILLS FOR OUR CHILDREN

Ages 9 - 14

Have you ever wondered what happened to the life skills classes that schools used to teach our children? Or would you like your child to gain more confidence and be able to learn a new hobby? Join us for this 4-day "home economics" class. The first two days we will cover money management and basic sewing skills. The last two nights will be in our state-of-the art culinary center where they will bake a dessert on the third night to be served along with a meal they've prepared on the final night, which they will serve to their parents. All materials and supplies are included in the course fee.

53192 Mon - Thu 6/18 - 6/21 6 - 8:30 p.m. Perrysburg \$125

NEW! KIDS HANDS-ON ART CAMP

Ages 9 - 14

Love art? This hands-on workshop allows participants to play and experiment with different art materials that change every day. Try different ways to paint with watercolor; weave with a loom; make your own stamps in printmaking and create your own fabric design in tie-dye. This is the perfect camp to let your creativity explode! All materials and supplies included.

53059 Mon - Thu 6/25 - 6/28 9 a.m. - 11 a.m. Perrysburg \$99
53060 Mon - Thu 7/9 - 7/12 9 a.m. - 11 a.m. Findlay \$99



REGISTER TODAY! • www.owensworks.com • (567) 661-7357



NEW! BECOME THE NEXT YOUTUBE STAR

Ages 9 - 14

Students will learn how to create, upload, and market their own YouTube videos, as well as how to curate appropriate content for a successful channel that is advertiser-friendly, and observes the YouTube community standards. The first night will cover how to upload, make engaging thumbnails, abide by the community standards. The second class will be all about video production and how to create engaging content.

53053 Mon 6/18 & 6/25 6-8 p.m. Perrysburg \$49

NEW! THE PARENT GUIDE TO SOCIAL MEDIA - WHAT YOU DON'T KNOW

Social media isn't simply a way of life for kids - it's life itself. So, how can you, as a parent, stay informed and be involved in healthy ways? How can you help your child make wise decisions and stay safe online? Join us for this social media parent session so you can be more informed and know how to navigate the social media scene while keeping your child safe.

53054 Mon 6/18 6-8 p.m. Perrysburg \$19



NEW! PARENT PREP FOR THE COLLEGE-BOUND STUDENT

This workshop teaches parents and caregivers how to proactively engage in their child's preparation for college and maximize the high school years. Gain awareness of "hidden gems" on college campuses for jobs, scholarships and connections. Information is provided by an admissions/enrollment professional and there will be plenty of time to ask questions. This workshop is relevant to parents with children in grades 7-12. Presented by JAYRAMON LLC

53058 Wed 6/13 6-9 p.m. Perrysburg \$59

NEW! INDIVIDUAL EDUCATION PROGRAM (IEP) - WHAT IS IT AND HOW CAN I HELP MY CHILD?

Is your child on an IEP and you don't really know what that means or involves? Sure, it can be stressful and challenging to maneuver, but with the right tools, it doesn't have to be. Come to this class to learn what you can do to release the stress, support your child's academic future, and ask the burning questions regarding your rights, your child's rights, and how to best support your child's academic goals. Presented by Jodi A. Takats, Ph.D.

53051 Mon 6/11 6-8:30 p.m. Perrysburg \$29

53052 Wed 8/1 6-8:30 p.m. Perrysburg \$29

SELF-DEFENSE

This class is a comprehensive course, designed for everyone, that begins with awareness, preventions, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. Participants age 12 and up are encouraged to attend this class. It's never too early to think about personal safety! This class is taught by active police officers with martial arts background.

Topics covered in class are:

- Situation awareness
- How to defend from a frontal attack
- How to defend from a rear attack
- How to defend against unarmed attacks
- How to defend against armed attacks
- How to defend against multiple attackers

53062 Wed 6/13-6/27 6:30-8:30 p.m. Perrysburg \$69