

Owens Community College Workforces Services provides Health and Wellness training focusing on improving the quality of living in our community. More than 200 qualified and experienced instructors are ready to serve your training needs anytime.



OWENS COMMUNITY COLLEGE
LEARNING CENTER MAUMEE

CONTACT US

CALL (567) 661-7357
EMAIL wcs@owens.edu
ONLINE www.owensworks.com

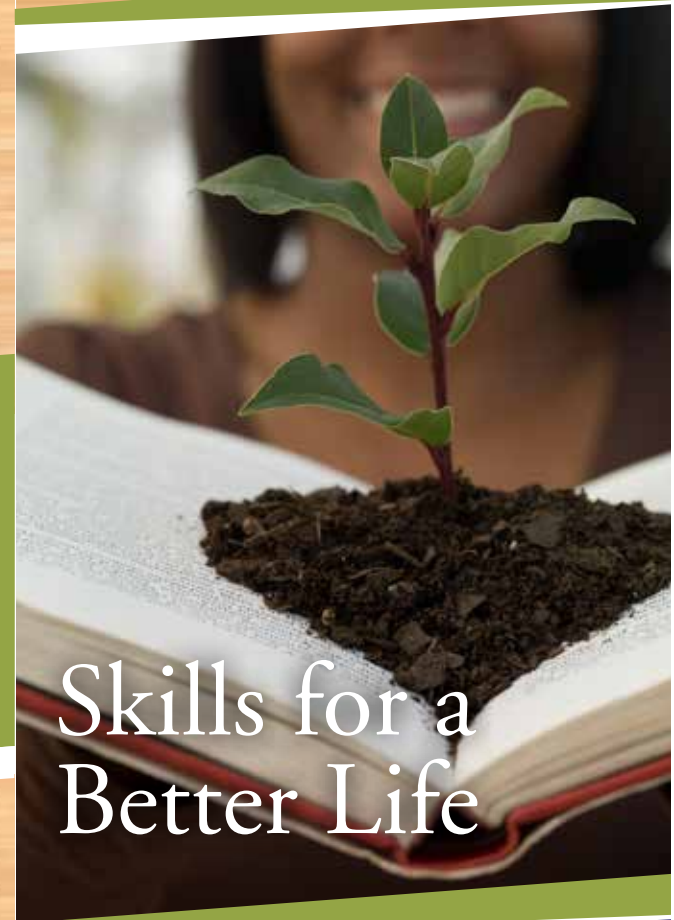
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Maumee, OH 43537

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OWENS COMMUNITY COLLEGE

HEALTH AND
WELLNESS
COURSES



Skills for a
Better Life

www.owensworks.com



OWENS
COMMUNITY COLLEGE

Owens Community College provides certification training in various health-care areas. These short term, non-credit courses focus on earning industry recognized certificates for healthcare practitioners in areas such as nursing assistants, pharmacy technicians, phlebotomy and others. Our qualified and experienced instructors are ready to serve your training needs anytime.



Build your career skills in the field of health and wellness.

HEALTH AND WELLNESS TOPICS INCLUDE:

- Aromatherapy
- Ballroom Dance Classes
- Basketball Court Rental
- Belly Dance Classes
- Caregiving Skills (Dementia, Alzheimer's, Home Care)
- Dietetic Services (disease prevention, nutrition therapy, dietary management)
- Fitness Assessment
- Healthy Cooking Classes
- Healthy Cooking Demonstrations
- Massage, Massage (Hot Stone)
- Natural Health and Healing
- Noise Monitoring
- Online Health Education
- Physical Fitness Private/Group Trainer
- Pharmacy Technician
- Phlebotomy
- Reiki Massage
- Yoga
- Zumba Fitness



TAKE ADVANTAGE OF WHAT OWENS OFFERS YOU:

- Customized training
- Flexible times and dates
- Online, hands-on, and blended learning
- Convenient locations
- Training metrics for results
- More than 200 qualified instructors
- And more!